



VARA - Mid Vermont Council U10 GS

Pico Mountain

Saturday, March 16, 2024

Race Slope: A-Slope

Start Time: 9:30am

Entry Fee: \$40.00 = Race fee of \$30 and lift ticket of \$10

Registration: Bibs and Tickets can be picked up by a coach from each area at the AML at 7:45am. The AML is not to be used as a storage facility. Please use the Pico Base Lodge.

Membership: **All athletes and coaches must be current members of USSA and VARA**

Coaches: All coaches must sign up through adminskiracing. All coaches must be USSA and VARA members. Tickets will be with the team materials. All coaches must be listed on the Venue Access Form which must be signed by the team captain when picking up team materials. Communication will be via What's APP–MVC U10 2024

Coaches - MUST return unused Bibs and Tickets by 9:00 to the timing tower.

Captains Meeting: will be virtual on Saturday, March 9th at 4:30pm. The link and agenda will be emailed to all coaches signed up for the meeting and will be posted on VARA once set.

ENTRIES: will be made online via www.adminskiracing.com Registration will close on Friday, 3-15-24 at 09:30 AM Pulls are due by Friday by 9:30AM. (online processing fees are not refundable).

Bibs: All bibs will be collected at the finish area after the athletes second run. A missing bib fee will be assessed of \$100 and will be billed to the racer.

Running order: U10 races should be run in the following order: U10 girls, U10 boys. The running order of racers in each gender shall be organized by teams with order within the team determined by random draw. The teams will run in a different order each race. The second run will be run in reverse order, with first run DNFs running in their same place (but in reverse order) for the second run.

Untimed 3rd run for training: course remains open for 30 minutes for athletes to run if they wish. Jury remains on the hill.

AWARDS based on the single best run of the first 2 runs. Top 10 boys Top 10 girls

Parent Tickets will be sold online only at www.adminskiracing.com and will be picked up in the AML the morning of the race prior to 8:30 am. No more than two tickets per racer family will be sold. .

Proposed Schedule of the Day

8:15 lift for athletes and coaches only

7:45-8:30 bib pickup by team capt

Warm up runs can be taken on B-slope or Lower Pike. No freeskiing on A Slope from race start to finish. A-Slope is closed to athletes until inspection window

8:30-9:15 Inspection

9:25 Forerunners

9:30 RUN 1

No reset

RUN 2 TBD (back to back)

3rd Training Run immediately following the completion of the race. Course will remain up for 30 minutes.

AWARDS

Approximately 15 min after the completion of the 3rd training run.

Top 10 girls and top 10 boys based on single best result.

DQ Reporting - DQ's will be posted via What'sApp –MVC U10 2024 and announced after the completion of the run.

No free skiing on the race trail. All free skiing can be done on B-Slope (trail to the right of A-Slope) OR Lower Pike which is accessed off the LPT lift (Triple chair at BSlope). At the top of the LPT head straight down Bushwacker and that will empty onto the Lower Pike trail which ends in front of the Pico Base Lodge.

Clean Hill Initiative

On hill safety is a priority so please be sure that coaches backpacks and skis are behind the fence and any drills are on a holster. Please no drills in the snow (upright/angled/laying flat).